

Please note that we do not take bookings.
We operate on a first come, first served basis.

Please place your order
at the counter. Thank you.

OPENING HOURS: MON-FRI: 9AM - 5PM
SAT-SUN: 8AM - 5PM
TEL: 02392 431265

LAST FOOD ORDER: 4:30PM



WEB: WWW.PARADETEAROOMS.CO.UK
INSTAGRAM: @THE_PARADE_TEAROOMS
FACEBOOK: @PARADETEAROOMSSOUTHSEA



V Vegetarian **G** Gluten Friendly **ve** Vegan

Breakfast



Served Until 12 noon

Full English £9.95

1 sausage, 2 bacon rashers, 1 poached egg, field mushroom, baked beans, hash brown and toast.

Add Black Pudding for £2.20

Mini English £8.95

1 sausage, 1 bacon rasher, 1 poached egg, hash brown, baked beans, and toast.

Add Black Pudding for £2.20

Veggie Breakfast **V** £8.95

1 poached egg, 2 vegetarian sausages, field mushroom, baked beans, hash brown, grilled tomato and toast.

Gluten Free Breakfast **G** £8.95

2 bacon rashers, 2 poached eggs, field mushroom, baked beans and grilled tomato, gluten free bap.

Eggs Benedict £9.00

Toasted muffin served with bacon, 2 poached eggs & Hollandaise sauce. Add Sausages for £2.20

Eggs Royale £9.50

Toasted muffin served with smoked salmon, 2 poached eggs and Hollandaise sauce. Add Hash Browns for £2.20

Breakfast Bagel £7.50

2 Bacon, 2 sausages and egg.

Round of toast **V** £2.20

Served with jam or marmalade.

Breakfast Extras

Sausages, Bacon, Black Pudding, Hash Browns **£2.20 each**

Baked Jacket Potatoes

All meals served with a dressed leaf salad with cucumber, tomato and red onion. Served with a pot of homemade coleslaw.

Bacon & Brie £10.95

Coronation Chicken **G** £9.95

Cheddar Cheese & Beans **V G** £9.00

Cheese & Coleslaw **V G** £9.00

Light Lunch

All sandwiches are served with kettle crisps. Selected sandwiches also available as Gluten Free bap upon request. Add fries or Cajun wedges for £2.20

Quiche of the day £10.95

Home made quiche, potato and chive salad served with a dressed leaf salad and a pot of coleslaw.

Macaroni Cheese **V** £11.00

Served with either crispy bacon or mushrooms and a dressed leaf salad. Add both bacon & mushrooms for £1.00.

All Day Breakfast Stack 12.00

2 Bacon, 2 sausage, 1 hash brown, baked beans, & 2 eggs. Served with toast.

Add black pudding for £2.20

Smoked Salmon & Cream

Cheese Bagel £10.95

Served with dressed leaf salad and a pot of coleslaw.

Club Parade Sandwich £9.50

3 layered sandwich with roasted chicken, bacon, lettuce and tomato with mustard mayo. Add Fries for £2.20

Cod Fish Finger Sandwich £9.50

Battered cod served with a homemade Tartare sauce. Add Fries for £2.20

Bacon, brie & cranberry panini £9.25

Served with cranberry sauce.

Add Fries for £2.20

American Pancakes £9.95

Served with crispy, smoked streaky bacon, maple syrup and fresh berries.

Vegan option available for £8.50 **ve**

Coronation Chicken £9.50

sandwich

New York Deli Bagel £10.95

Pastrami, gherkins and mustard mayo topped with peashoots. Served with French fries.

Sides

Pot of Jam/Marmalade 50p

Coleslaw £1.50

Bowl of kettle crisps £1.50

Side salad £3.50

French Fries £3.75

Cajun Wedges £3.75

Salads

The Parade's famous Jayne Salad **G** £14.95

Lettuce, cucumber, sweetcorn, tomatoes, red onion, beetroot, coleslaw and cheese.

Topped with crispy bacon and sautéed potatoes. Add chicken for £2.20

Vegetarian option with Halloumi.

Chicken & Bacon Caesar £13.95

With lettuce, cucumber and tomatoes, caesar dressing, topped with croutons.

Served with Parmesan shavings.

Goats cheese **V G** £12.95

Grilled goats cheese on a bed of roasted peppers and leaf salad, topped with a red onion chutney.

Chicken & Chorizo Salad £13.95

Pan-fried chicken and Chorizo sausage with lettuce, cucumber and tomatoes.

Drizzled with honey and mustard dressing, topped with garlic croutons.

Kids Menu *Under 12's only*

Kids Breakfast £5.00

Served until 12 noon

1 sausage, 1 poached egg, baked beans and toast.

Kids Jacket **V** £5.00

Choice of either Cheese or Beans or Cheese and coleslaw

Sausage or Fish Finger £5.00

Served with French fries & Baked beans.

Cheese or Ham Sandwich **V** £4.50

served with cucumber & crisps.

All served with a squash.



Afternoon Tea

Whittards tea with a fruit scone, clotted cream & strawberry jam. A choice of two sandwiches - Coronation chicken, Ham, cream cheese & cucumber sandwich & 3 Macarons £13.50 **SERVED ALL DAY**

All prices include VAT @ 20%

White Wine

Mr Goose Pinot Grigio

11% ABV *Australian White*

Displaying subtle aromas of apple, pear and citrus. The palate has flavours of lemon, pear & peach.

Bottle (750ml) £18.95

Small Glass (125ml) £4.25

Large glass (250ml) £7.25

Mr Goose Chardonnay

13% ABV *Australian White*

Zesty fruit driven wine, a fusion of sweet citrus, pear-drop and ripe melon flavours.

Bottle (750ml) £18.95

Small Glass (125ml) £4.25

Large glass (250ml) £7.25

Red Wine

Mr Goose Cabernet Merlot

13.5% ABV *Australian Red*

Soft yet full-bodied with rich, ripe flavours of plum, blackcurrant and berry.

Bottle (750ml) £18.95,

Small Glass (125ml) £4.25

Large glass (250ml) £7.25

Letargo Rioja

13.5% ABV *Australian Red*

Hints of liquorice and black fruits such as plums, blackberries and cranberries.

Bottle (750ml) £18.95,

Small Glass (125ml) £4.25

Large glass (250ml) £7.25

ALLERGENS:

Please be aware we do handle nuts and other ingredients that contain allergens in our kitchen and cannot guarantee our products are free from allergens.

Please ask a qualified member of our team for more specific information on allergens.



Whole Cakes made to order

Please call our pastry chef on 02392 431265 (Option 1) Mon- Fri. Three days notice required.

Rosé Wine

Buffalo Ridge Zinfandel Rosé

10.5% ABV

USA Rosé

Refreshing and easy drinking with a slight sweetness and hint of ripe red fruits.

Bottle (750ml) £18.95,

Small Glass (125ml) £4.25

Large glass (250ml) £7.25

Pinot Grigio Blush Cortefresca

12% ABV

Italian Rosé

A beautiful coloured rosé, this wine has a delicious aroma of strawberries and red berries.

Bottle (750ml) £18.95,

Small Glass (125ml) £4.25

Large glass (250ml) £7.25



Gift Vouchers

Treat someone special to a gift voucher. Available in £10, £20 or £25 vouchers. Valid for 6 months

Full value of voucher must be redeemed in one transaction as no cash can be exchanged or refunded.

Sparkling

Prosecco Mionetto Avantgarde

11% ABV

Sparkling Wine

Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

Bottle (750ml) £24.00

Prosecco Mionetto Prestige Brut 20cl

11% ABV

Sparkling Wine

Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

Bottle (20cl) £8.00

Beer/Cider/Ale

Birra Moretti 330ml £4.00
4.6% ABV

Magners Cider 500ml £4.50
4.5% ABV

Fullers London Pride £4.75
4.7% ABV

Soft drinks

Bottle of Coke/Diet Coke/

Coke Zero/Lemonade/ Orange Fanta/
Appletiser £3.20

Elderflower Press £3.20

Rose Lemonade £3.20

Orange juice/Apple juice £3.20

Bottle of water £1.95

Kids Squash 75p

Hot drinks

Latté £3.20

Chai Latté £3.20

Flat White £3.20

Cappuccino £3.20

Mocha £3.40

Americano £3.00

Macchiato £2.60

Double Espresso £2.00

Hot Chocolate £3.20

with marshmallows & cream £3.75

Babyccino 55p

Add a flavour to any drink above from Vanilla, Caramel, Hazelnut, English Toffee, Salted Caramel, Toasted Marshmallow or Honeycomb for only 70p more. Add cream for 70p more

Teas



All our teas are produced by Whittards of Chelsea and are served by the pot.

English breakfast £2.20

Decaf £2.20

Earl Grey £2.20

Green Tea £2.20

Peppermint £2.20

Very Berry Crush £2.20

Iced Coffee

Vanilla or Caramel £3.50

Add cream for 70p more. Other syrups available - See above.

Iced Hot Chocolate

Banoffee £3.50

Raspberry Ripple £3.50

Rocky Road £3.50

Add cream for 70p more.

As a company we strive to offer the best service and at a fair price. Due to risings in cost and VAT our prices have had to increase to maintain our services and continue the running of our family run business. As always your custom is very much appreciated

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OPEN 7 DAYS A WEEK TEL: 02392 431265
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