

Please note that we do not take bookings.
We operate on a first come, first served basis.

OPENING HOURS: MON-FRI: 9AM - 5PM
SAT-SUN: 8AM - 5PM
TEL: 02392 431265

LAST FOOD ORDER: 4:30PM



Please place your order
at the counter. Thank you.

WEB: WWW.PARADETEAROOMS.CO.UK
INSTAGRAM: @THE_PARADE_TEAROOMS
FACEBOOK: @PARADETEAROOMSSOUTHSEA



V Vegetarian **G** Gluten Friendly **ve** Vegan

All prices include VAT @ 20%

Breakfast



Served Until 12 noon

Full English £9.75

1 sausage, 2 bacon rashers, 1 fried egg, field mushroom, baked beans, hash brown and toast. Add Black Pudding for £2.20

Mini English £8.75

1 sausage, 1 bacon rasher, 1 fried egg, hash brown, baked beans, and toast. Add Black Pudding for £2.20

Veggie Breakfast **V** £8.75

1 fried egg, 2 vegetarian sausages, field mushroom, baked beans, hash brown, grilled tomato and toast.

Gluten Free Breakfast **G** £8.75

2 bacon rashers, 2 fried eggs, field mushroom, baked beans and grilled tomato, brioche bap.

Corned Beef Bubble **G** £9.95

Made from potatoes, shallots and corned beef. Fried and served with two slices of bacon, two fried eggs and baked beans.

Eggs Benedict £9.00

Toasted muffin served with bacon, 2 poached eggs & Hollandaise sauce. Add Sausages for £2.20

Eggs Royale £9.50

Toasted muffin served with smoked salmon, 2 poached eggs and Hollandaise sauce. Add Hash Browns for £2.20

American Pancakes £9.95

Served with crispy, smoked streaky bacon, maple syrup and fresh berries. Vegan option available for £8.50 **ve** Served all day

Granola £7.25

Served with Greek yoghurt, fresh berries and honey. **V**

Round of toast **V** £2.20

Served with jam or marmalade.

Breakfast Extras

Sausages, Bacon, Black Pudding, Hash Browns **£2.20 each**

Sides

Pot of Jam/Marmalade	50p
Coleslaw	£1.50
Bowl of kettle crisps	£1.50
Side salad	£3.50
French Fries	£3.75
Cajun Wedges	£3.75

Light Lunch

All sandwiches are served with kettle crisps. Selected sandwiches also available as **Gluten Free bap upon request. Add fries for £2.20**

Smoked Salmon & Cream Cheese bagel £10.95

Served with potato and chive salad and a dressed leaf salad.

Club Parade Sandwich £9.25

Three layered sandwich with roasted chicken, bacon, lettuce and tomato with a mustard mayo. Add Fries for £2.20

Cod Fish Finger Sandwich £9.25

Battered cod served with a homemade Tartare sauce. Add Fries for £2.20

Bacon & Brie Panini £8.95

Served with cranberry sauce. Add Fries for £2.20

Cream cheese & roasted pepper Panini **V** £8.95

King prawn baguette £9.95

in Marie Rose sauce

Coronation Chicken £9.25

baguette

Chicken Tikka baguette £9.25

Salads

Jayne Salad **G** £14.95

Lettuce, cucumber, sweetcorn, tomatoes, red onion, beetroot, coleslaw and cheese. Topped with crispy bacon and sautéed potatoes. Add chicken for £2.20
Vegetarian option with Halloumi.

Chicken & Bacon Caesar £13.95

With lettuce, cucumber and tomatoes, caesar dressing, topped with croutons. Served with Parmesan shavings.

Goats cheese **V G** £12.95

Grilled goats cheese on a bed of roasted peppers and leaf salad, topped with a red onion chutney.

Chicken & Chorizo £13.95

Pan fried chicken and chorizo sausage with lettuce, cucumber and tomatoes. Drizzled with honey and mustard dressing, topped with croutons.

Summer Salad £10.95

Chick pea mixed with red peppers, onions and rocket. Dressed with a chilli mint dressing.
Vegan option with Tofu. **ve**

Baked Jacket Potatoes

All meals served with a dressed leaf salad with cucumber, tomato and red onion. Served with a pot of homemade coleslaw.

Bacon & Brie **G** £10.95

Coronation Chicken **G** £9.95

Tuna Mayo **G** £9.50

Tuna mayonnaise, served with a fresh lemon slice.

Cheddar Cheese & Beans **V G** £9.00

King prawn in Marie Rose sauce **G** £10.95

Main Courses

All Day Breakfast Stack £11.95

2 Bacon, 2 sausage, 1 hash brown, baked beans, & 2 fried eggs. Served with toast. Add black pudding for £2.20

Scampi & Fries £13.95

Served with a dressed salad and homemade Tartare sauce.

Beef Lasagne £12.95

A traditional Bolognese sauce, Béchamel sauce and layers of pasta grilled with cheese. Served with a choice of French fries or dressed salad.

Luxury Fish Pie **G** £13.95

Salmon, Smoked Haddock, Alaskan Pollock and Prawns in a creamy leek sauce. Topped with Mashed potato, toasted breadcrumbs and Cheddar cheese. Served with salad.

Baked Camembert **V** £11.95

Infused with a red onion chutney. Served with dressed salad, coleslaw and bread.

Macaroni Cheese **V** £10.95

Served with either crispy bacon or mushrooms. Add both bacon & mushrooms for £1.00.

Ham, Eggs & French Fries £12.95

Traditional gammon ham, two fried eggs, french fries and a dressed salad with a pot of homemade coleslaw.

Quiche of the day £10.95

Home made quiche, potato and chive salad served with a dressed leaf salad.

New York deli bagel £10.95

Pastrami, gherkins and mustard mayo topped with peashoots. Served with French fries.



Afternoon Tea

Whittards tea with a fruit scone, clotted cream & strawberry jam. A choice of two sandwiches - Coronation chicken, Ham, cream cheese & cucumber sandwich & 3 Macarons £12.95 SERVED ALL DAY

White Wine

Mr Goose Pinot Grigio

11% ABV *Australian White*
Displaying subtle aromas of apple, pear and citrus. The palate has flavours of lemon, pear & peach.

Bottle (750ml) £18.95
Small Glass (125ml) £4.25
Large glass (250ml) £7.25

Mr Goose Chardonnay

13% ABV *Australian White*
Zesty fruit driven wine, a fusion of sweet citrus, pear-drop and ripe melon flavours.

Bottle (750ml) £18.95
Small Glass (125ml) £4.25
Large glass (250ml) £7.25

Red Wine

Mr Goose Cabernet Merlot

13.5% ABV *Australian Red*
Soft yet full-bodied with rich, ripe flavours of plum, blackcurrant and berry.

Bottle (750ml) £18.95
Small Glass (125ml) £4.25
Large glass (250ml) £7.25

Letargo Rioja

13.5% ABV *Australian Red*
Hints of liquorice and black fruits such as plums, blackberries and cranberries.

Bottle (750ml) £18.95
Small Glass (125ml) £4.25
Large glass (250ml) £7.25

Have you visited our sister site at

Gunwharf Quays



ALLERGENS:

Please be aware we do handle nuts and other ingredients that contain allergens in our kitchen and cannot guarantee our products are free from allergens.

Please ask a qualified member of our team for more specific information on allergens.

Kids Menu *Under 12's only*

Kids Breakfast

£5.00

Served until 12 noon

1 sausage, 1 fried egg, baked beans and toast.

Kids Jacket

£5.00

Choice of either Cheese/Beans/Tuna

Sausage or Fish Finger

£5.00

Served with French fries & Baked beans.

A Choice of Sandwiches

£4.50

Choice of either ham, cheese or tuna, served with cucumber & crisps.

All served with orange squash.

Rosé Wine

Buffalo Ridge Zinfandel Rosé

10.5% ABV

USA Rosé

Refreshing and easy drinking with a slight sweetness and hint of ripe red fruits.

Bottle (750ml) £18.95

Small Glass (125ml) £4.25

Large glass (250ml) £7.25

Pinot Grigio Blush Cortefresca

12% ABV

Italian Rosé

A beautiful coloured rosé, this wine has a delicious aroma of strawberries and red berries.

Bottle (750ml) £18.95

Small Glass (125ml) £4.25

Large glass (250ml) £7.25

Gift Vouchers

Treat someone special to a gift voucher. Available in £10, £20 or £25 vouchers.

Valid for 6 months

Full value of voucher must be redeemed in one transaction as no cash can be exchanged or refunded.



Sparkling

Prosecco Mionetto Avantgarde

11% ABV

Sparkling Wine

Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

Bottle (750ml) £24.00

Prosecco Mionetto Prestige Brut 20cl

11% ABV

Sparkling Wine

Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

Bottle (20cl) £8.00

Beer/Cider/Ale

Birra Moretti 330ml

£4.00

4.6% ABV

Magners Cider 500ml

£4.50

4.5% ABV

Fullers London Pride

£4.75

4.7% ABV

Soft drinks

Bottle of Coke/Diet Coke/

Coke Zero/Lemonade/ Orange Fanta/ Appletiser

£3.20

Elderflower Press

£3.20

Rose Lemonade

£3.20

Orange juice/Apple juice

£3.20

Bottle of water

£1.95

Kids Squash

75p

Hot drinks

Latté

£3.20

Chai Latté

£3.20

Flat White

£3.20

Cappuccino

£3.20

Mocha

£3.40

Americano

£3.00

Macchiato

£2.60

Double Espresso

£2.00

Hot Chocolate

£3.20

with marshmallows & cream

£3.75

Babyccino

55p

Add a flavour to any drink above from

Vanilla, Caramel, Hazelnut, English Toffee, Salted Caramel, Toasted

Marshmallow or Honeycomb for only

70p more. Add cream for 70p more



Teas

All our teas are produced by Whittards of Chelsea and are served by the pot.

English breakfast

£2.20

Decaf

£2.20

Earl Grey

£2.20

Green Tea

£2.20

Peppermint

£2.20

Very Berry Crush

£2.20

Iced Coffee

Vanilla or Caramel

£3.50

Add cream for 70p more. Other syrups available - See above.

Iced Hot Chocolate

Banoffee

£3.50

Raspberry Ripple

£3.50

Rocky Road

£3.50

Add cream for 70p more.