

Please note that we do not take bookings.
We operate on a first come, first served basis.

Please place your order
at the counter. Thank you.

OPENING HOURS: MON-FRI: 9AM - 5PM
SAT-SUN: 8AM - 5PM
TEL: 02392 431265

WEB: WWW.PARADETEAROOMS.CO.UK
INSTAGRAM: @THE_PARADE_TEAROOMS
FACEBOOK: @PARADETEAROOMSSOUTHSEA



V Vegetarian **G** Gluten Free

Breakfast



Served Until 12 noon

Full English £8.95

1 sausage, 2 bacon rashers, 1 fried egg, field mushroom, baked beans, hash brown and toast, with tea or an Americano*.

Add Black Pudding for £2.00

Mini English £7.95

1 sausage, 1 bacon rasher, 1 fried egg, hash brown, baked beans, and toast, with tea or an Americano*.

Add Black Pudding for £2.00

Veggie Breakfast **V** £7.95

1 fried egg, 2 vegetarian sausages, field mushroom, baked beans, hash brown, grilled tomato and toast with tea or an Americano*.

Gluten Free Breakfast **G** £7.95

2 bacon rashers, 2 fried eggs, field mushroom, baked beans and grilled tomato, gluten free toast with tea or an Americano*.

Corned Beef Bubble £8.95

Made from potatoes, shallots and corned beef. Fried and served with two slices of bacon, two fried eggs and baked beans.

Eggs Benedict £8.00

Toasted muffin served with bacon, 2 poached eggs & Hollandaise sauce. Add Sausages for £2.00

Eggs Royale £8.50

Toasted muffin served with smoked salmon, 2 poached eggs and Hollandaise sauce. Add Hash Browns for £2.00

Breakfast Sandwich £5.95

Bacon, sausage and egg.

Round of toast **V** £2.00

Served with jam or marmalade.

Toasted Teacake **V** £2.00

Served with jam or marmalade.

*Upgrade your coffee to a Latte or Cappuccino for 50p extra.

Breakfast Extras

Sausage, Bacon, Black Pudding, Hash Brown **£2.00 each**

Brunch Served all day

All Day Breakfast Stack £10.95

2 Bacon, 2 sausage, 1 hash brown, baked beans, and 2 fried eggs.

Served with French bread.

Add black pudding for £2.00

American Pancakes £8.95

Served with crispy, smoked streaky bacon, maple syrup and fresh berries.

Vegan option available for £7.95 **V**

Light Lunch

All sandwiches are served with kettle crisps. Selected sandwiches also available as Gluten Free upon request. Add fries for £2.00

Quiche of the day £10.95

Homemade quiche served with a dressed leaf salad, warm new potatoes and a pot of coleslaw.

Club Parade Sandwich £8.25

Three layered sandwich with roasted chicken, bacon, lettuce and tomato with a mustard mayo. Add Fries for £2.00

Cod Fish Finger Sandwich £8.25

Battered cod served with a homemade Tartare sauce. Add Fries for £2.00

Coronation

Chicken Sandwich £8.25

Add Fries for £2.00

Chicken & Avocado

Sandwich £8.25

Lettuce and cucumber with a lime mayonnaise.

Baked Jacket Potatoes

All meals served with a dressed leaf salad with cucumber, tomato and red onion. Served with a pot of homemade coleslaw.

King Prawn **G** £10.95

Served with a Marie Rose sauce.

Coronation Chicken **G** £8.95

Tuna Mayo **G** £8.95

Tuna mayonnaise, served with a fresh lemon slice.

Cheddar Cheese & Beans **V G** £8.50

Cheese & Coleslaw **V G** £8.50

Salads

Jayne Salad **G** £13.50

Lettuce, cucumber, sweetcorn, tomatoes, red onion, beetroot, coleslaw and cheese.

Topped with crispy bacon and sautéed potatoes. Add chicken for £2.00

Vegetarian option with Halloumi.

Chicken & Bacon Caesar £11.95

Served with Parmesan shavings.

Goats cheese **V G** £11.95

Grilled goats cheese on a bed of roasted peppers and leaf salad, topped with a red onion chutney.

King prawn and avocado £12.95

Crab Salad £14.95

Whole Devonshire dressed crab on a mixed leaf salad served with new potatoes and garlic mayo dip.

Main Courses

Ham, Eggs & French Fries £11.95

Traditional gammon ham, two fried eggs, french fries and a dressed salad with a pot of homemade coleslaw.

Beef Lasagne Verdi £10.95

A traditional Bolognese sauce, Béchamel sauce and layers of pasta grilled with cheese. Served with a choice of French fries or dressed salad.

Corned Beef Hash

Stuffed Jacket £10.95

Corned beef, potatoes and shallots in a crispy jacket potato skin, with a dressed salad and a pot of coleslaw.

Baked Camembert **V** £10.95

Infused with a red onion chutney. Served with dressed salad, coleslaw and french bread.

Macaroni Cheese **V** £9.95

Served with either crispy bacon or mushrooms. Add both bacon & mushrooms for £1.00. Add crab for £2.00

Sides

Pot of Jam/Marmalade 50p

Coleslaw £1.50

Basket of French bread £1.50

Bowl of kettle crisps £1.50

Side salad £3.50

French Fries £3.50

Cajun Wedges £3.50

All prices include VAT



Afternoon Tea

Whittards tea with a fruit scone, clotted cream & strawberry jam. Coronation chicken sandwich and Cream cheese and cucumber £9.00

SERVED ALL DAY

White Wine

Mr Goose Pinot Grigio

11% ABV *Australian White*

Displaying subtle aromas of apple, pear and citrus. The palate has flavours of lemon, pear & peach.

Bottle (750ml) £16.95,

Small Glass (125ml) £3.80

Med glass (175ml) £4.70,

Large glass (250ml) £6.20

Mr Goose Chardonnay

13% ABV *Australian White*

Zesty fruit driven wine, a fusion of sweet citrus, pear-drop and ripe melon flavours.

Bottle (750ml) £16.95,

Small Glass (125ml) £3.80

Med glass (175ml) £4.70,

Large glass (250ml) £6.20

Red Wine

Mr Goose Shiraz

14% ABV *Australian Red*

Blackberry, black cherry and plum flavours create a rich, long and satisfying finish.

Bottle (750ml) £16.95,

Small Glass (125ml) £3.80

Med glass (175ml) £4.70,

Large glass (250ml) £6.20

Mr Goose Cabernet Merlot

13.5% ABV *Australian Red*

Soft yet full-bodied with rich, ripe flavours of plum, blackcurrant and berry.

Bottle (750ml) £16.95,

Small Glass (125ml) £3.80

Med glass (175ml) £4.70,

Large glass (250ml) £6.20

Have you visited our sister site at

Gunwharf Quays



ALLERGENS:

Please be aware we do handle nuts and other ingredients that contain allergens in our kitchen and cannot guarantee our products are free from allergens.

Please ask a qualified member of our team for more specific information on allergens.

Kids Menu *Under 12's only*

Kids Breakfast £4.95

Served until 12 noon

1 sausage, 1 fried egg, baked beans and toast.

Kids Jacket £5.00

Choice of either Cheese/Beans/Tuna

Sausage or Fish Finger £5.00

Served with French fries & Baked beans.

A Choice of Sandwiches £4.50

Choice of either ham, cheese or tuna, served with cucumber & crisps.

All served with a squash.

Rosé Wine

Buffalo Ridge Zinfandel Rosé

10.5% ABV

USA Rosé

Refreshing and easy drinking with a slight sweetness and hint of ripe red fruits.

Bottle (750ml) £16.95,

Small Glass (125ml) £3.80

Med glass (175ml) £4.70,

Large glass (250ml) £6.20

Pinot Grigio Blush Cortefresca

12% ABV

Italian Rosé

A beautiful coloured rosé, this wine has a delicious aroma of strawberries and red berries.

Bottle (750ml) £16.95,

Small Glass (125ml) £3.80

Med glass (175ml) £4.70,

Large glass (250ml) £6.20

Gift Vouchers

Treat someone special to a gift voucher. Available in £10, £20 or £25 vouchers. Valid for 6 months



Full value of voucher must be redeemed in one transaction as no cash can be exchanged or refunded.

Sparkling

Prosecco Mionetto Avantgarde

11% ABV

Sparkling Wine

Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

Bottle (750ml) £19.95

Prosecco Mionetto Prestige Brut 20cl

11% ABV

Sparkling Wine

Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

Bottle (20cl) £6.95

Beer/Cider/Ale

Birra Moretti 330ml £4.00

4.6% ABV

Magners Cider 500ml £4.50

4.5% ABV

Sharps Doom Bar 500ml £4.75

4.3% ABV

Soft drinks

Bottle of Coke/Diet Coke/

Lemonade £3.00

Elderflower Press £3.00

Rose Lemonade £3.00

Orange juice/Apple juice/
Cranberry £2.95

Kids Squash 75p

Bottle of water £1.95

Milk £1.25

Hot drinks

Latté £2.80

Flat White £2.80

Cappuccino £2.80

Mocha £3.00

Americano £2.50

Double Espresso £2.00

Hot Chocolate £2.95

with marshmallows & cream £3.50

Babyccino 50p

Add a flavour to any drink above from Vanilla, Caramel, Hazelnut, English Toffee, Salted Caramel, Toasted Marshmallow or Honeycomb for only 50p more. Add cream for 50p more

Teas

All our teas are produced by Whittards of Chelsea and are served by the pot.

English breakfast £2.10

Decaf £2.10

Earl Grey £2.10

Green Tea £2.10

Lemon and ginger £2.10

Camomile £2.10

Peppermint £2.10

Loose leaf £2.10

Orange and cinnamon £2.20

Apple and elderflower £2.20

Iced Coffee

All Flavours £3.00

Vanilla, Caramel, Hazelnut, English Toffee, Salted Caramel, Toasted Marshmallow or Honeycomb.

Add cream for 50p more.



