

Please note that we do not take bookings.
We operate on a first come, first served basis.

Please place your order
at the counter. Thank you.

OPENING HOURS: MON-FRI: 9AM - 5PM
SAT-SUN: 8AM - 5PM
TEL: 02392 431265

WEB: WWW.PARADETEAROOMS.CO.UK
INSTAGRAM: @THE_PARADE_TEAROOMS
FACEBOOK: @PARADETEAROOMSSOUTHSEA



V Vegetarian **G** Gluten Free

Breakfast



Served Until 12 noon

Full English £8.95

1 sausage, 2 bacon rashers, 1 fried egg, field mushroom, baked beans, hash brown and toast, with tea or an Americano*.

Add Black Pudding for £2.00

Mini English £7.95

1 sausage, 1 bacon rasher, 1 fried egg, hash brown, baked beans, and toast, with tea or an Americano*.

Add Black Pudding for £2.00

Veggie Breakfast **V** £7.50

1 fried egg, 2 vegetarian sausages, field mushroom, baked beans, hash brown, grilled tomato and toast with tea or an Americano*.

Gluten Free Breakfast **G** £7.95

2 bacon rashers, 2 fried eggs, field mushroom, baked beans and grilled tomato, gluten free toast with tea or an Americano*.

Corned Beef Bubble £8.95

Made from potatoes, shallots and corned beef. Fried and served with two slices of bacon, two fried eggs and baked beans.

Eggs Benedict £8.00

Toasted muffin served with bacon, 2 poached eggs & Hollandaise sauce. Add Sausages for £2.00

Eggs Royale £8.50

Toasted muffin served with smoked salmon, 2 poached eggs and Hollandaise sauce. Add Hash Browns for £2.00

Round of toast **V** £2.00

Served with jam or marmalade.

*Upgrade your coffee to a Latte or Cappuccino for 50p extra.

Breakfast Extras

Sausage, Bacon, Black Pudding, Hash Brown **£2.00 each**

Cream Tea

Whittards tea with a fruit scone, clotted cream & strawberry jam. £5.50

SERVED ALL DAY



Toasted Tea Cake **£2.00**
With Jam or Marmalade.

Brunch Served all day

All Day Breakfast Stack £10.95

2 Bacon, 2 sausage, 1 hash brown, baked beans, and 2 fried eggs.

Served with French bread.

Add black pudding for £2.00

American Pancakes £8.95

Served with crispy, smoked streaky bacon, maple syrup and fresh berries.

Vegan option available for £7.95 **V**

Salads

Jayne Salad **G** £13.50

Lettuce, cucumber, sweetcorn, tomatoes, red onion, beetroot, coleslaw and cheese.

Topped with crispy bacon and sautéed potatoes. Add chicken for £2.00

Vegetarian option with Halloumi.

Chicken & Chorizo Salad £11.95

Pan-fried chicken and Chorizo sausage with lettuce, cucumber and tomatoes. Drizzled with honey and mustard dressing, topped with garlic croutons.

Chicken & Bacon Caesar £11.95

Served with Parmesan shavings.

Light Lunch

All sandwiches are served with kettle crisps. Selected sandwiches also available as Gluten Free upon request. Add fries for £2.00

Club Parade Sandwich £8.25

Three layered sandwich with roasted chicken, bacon, lettuce and tomato with a mustard mayo. Add Fries for £2.00

Soup of the day **V** £5.95

Served with garlic and herb croutons and French bread. Add a pot of cheese for £1.00

Cod Fish Finger Sandwich £8.25

Battered cod served with a homemade Tartare sauce. Add Fries for £2.00

Sides

Pot of Jam/Marmalade 50p

Coleslaw £1.50

Basket of French bread £1.50

Bowl of kettle crisps £1.50

Side salad £3.50

French Fries £3.50

Baked Jacket Potatoes

All meals served with a dressed leaf salad with cucumber, tomato and red onion. Served with a pot of homemade coleslaw.

Bacon & Brie **G** £8.95

With back bacon and creamy melted Brie cheese.

Tuna Mayo **G** £8.95

Tuna mayonnaise, served with a fresh lemon slice.

Chilli Con Carne £8.95

Served with sour cream.

Cheddar Cheese & Beans **V G** £8.50

Main Courses

Luxury Fish Pie £11.95

Salmon, Smoked Haddock, Alaskan Pollock and Prawns in a creamy leek sauce. Topped with Mashed potato, toasted breadcrumbs and Cheddar cheese. Served with salad.

Crab Macaroni Cheese £11.95

White and brown crab meat folded into the mac, topped with breadcrumbs, served with a dressed leaf salad and French bread.

Ham, Eggs & French Fries £11.95

Traditional gammon ham, two fried eggs, french fries and a dressed salad with a pot of homemade coleslaw.

Macaroni Cheese **V** £9.95

Served with either crispy bacon or mushrooms. Add both bacon & mushrooms for £1.00

Beef Lasagne Verdi £10.95

A traditional Bolognese sauce, Béchamel sauce and layers of pasta grilled with cheese. Served with a choice of French fries or dressed salad.

Chicken & Broccoli £10.95

Chicken and broccoli cooked in a rich creamy sauce, layered with sliced potatoes and mature cheddar cheese. Served with a dressed leaf salad and French bread.

Broccoli & Potato Bake **V** £10.50

Broccoli and sliced potatoes in a creamy sauce, grilled and served with a dressed leaf salad and french bread.

White Wine

Mr Goose Pinot Grigio

11% ABV *Australian White*
Displaying subtle aromas of apple, pear and citrus. The palate has flavours of lemon, pear & peach.

Bottle (750ml) £16.95,
Small Glass (125ml) £3.80
Med glass (175ml) £4.70,
Large glass (250ml) £6.20

Mr Goose Chardonnay

13% ABV *Australian White*
Zesty fruit driven wine, a fusion of sweet citrus, pear-drop and ripe melon flavours.

Bottle (750ml) £16.95,
Small Glass (125ml) £3.80
Med glass (175ml) £4.70,
Large glass (250ml) £6.20

Red Wine

Mr Goose Shiraz

14% ABV *Australian Red*
Blackberry, black cherry and plum flavours create a rich, long and satisfying finish.

Bottle (750ml) £16.95,
Small Glass (125ml) £3.80
Med glass (175ml) £4.70,
Large glass (250ml) £6.20

Mr Goose Cabernet Merlot

13.5% ABV *Australian Red*
Soft yet full-bodied with rich, ripe flavours of plum, blackcurrant and berry.

Bottle (750ml) £16.95,
Small Glass (125ml) £3.80
Med glass (175ml) £4.70,
Large glass (250ml) £6.20



FANCY A PARTY AT THE PARADE?

You can hire us 7 days a week, between the hours of 7pm til midnight. Up to 100 people.



Rosé Wine

Buffalo Ridge Zinfandel Rosé

10.5% ABV
USA Rosé
Refreshing and easy drinking with a slight sweetness and hint of ripe red fruits.

Bottle (750ml) £16.95,
Small Glass (125ml) £3.80
Med glass (175ml) £4.70,
Large glass (250ml) £6.20

Pinot Grigio Blush Cortefresca

12% ABV
Italian Rosé
A beautiful coloured rosé, this wine has a delicious aroma of strawberries and red berries.

Bottle (750ml) £16.95,
Small Glass (125ml) £3.80
Med glass (175ml) £4.70,
Large glass (250ml) £6.20



Full value of voucher must be redeemed in one transaction as no cash can be exchanged or refunded.

Sparkling

Prosecco Mionetto Avantgarde

11% ABV
Sparkling Wine
Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

Bottle (750ml) £19.95

Prosecco Mionetto Prestige Brut 20cl

11% ABV
Sparkling Wine
Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

Bottle (20cl) £6.95

Beer/Cider/Ale

Birra Moretti 330ml £4.00
4.6% ABV

Magners Cider 500ml £4.50
4.5% ABV

Sharps Doom Bar 500ml £4.75
4.3% ABV

Soft drinks

Bottle of Coke/Diet Coke/ Lemonade	£3.00
Elderflower Press Rose Lemonade	£3.00 £3.00
Orange juice/Apple juice/ Cranberry	£2.95
Kids Squash	75p
Bottle of water	£1.95
Milk	£1.25

Hot drinks

Latté	£2.80
Flat White	£2.80
Cappuccino	£2.80
Mocha	£3.00
Americano	£2.50
Double Espresso	£2.00
Hot Chocolate	£2.95
with marshmallows & cream	£3.50
Babyccino	50p

Add a flavour to any drink above from Vanilla, Caramel, Hazelnut, English Toffee, Salted Caramel, Toasted Marshmallow or Honeycomb for only 50p more. Add cream for 50p more

Teas

All our teas are produced by Whittards of Chelsea and are served by the pot.

English breakfast	£2.10
Decaf	£2.10
Earl Grey	£2.10
Green Tea	£2.10
Lemon and ginger	£2.10
Camomile	£2.10
Peppermint	£2.10
Loose leaf	
Orange and cinnamon	£2.20
Apple and elderflower	£2.20

Iced Coffee

All Flavours £3.00
Vanilla, Caramel, Hazelnut, English Toffee, Salted Caramel, Toasted Marshmallow or Honeycomb.
Add cream for 50p more.

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ALLERGENS:
Please be aware we do handle nuts and other ingredients that contain allergens in our kitchen and cannot guarantee our products are free from allergens. Please ask a qualified member of our team for more specific information on allergens.