

Please note that we do not take bookings.  
We operate on a first come, first served basis.

Please place your order  
at the counter. Thank you.

OPENING HOURS: MON-FRI: 9AM - 5PM  
SAT-SUN: 8AM - 5PM  
TEL: 02392 431265

WEB: WWW.PARADETEAROOMS.CO.UK  
INSTAGRAM: @THE\_PARADE\_TEAROOMS  
FACEBOOK: @PARADETEAROOMSSOUTHSEA



**V** Vegetarian **G** Gluten Free

## Breakfast



Served Until 12 noon

### Full English £8.95

2 sausages, 2 bacon rashers, 1 fried egg, field mushroom, baked beans, hash brown and toast, with tea or an Americano\*.

Add Black Pudding for £2.00

### Mini English £7.95

1 sausage, 1 bacon rasher, 1 fried egg, hash brown, baked beans, field mushroom and toast, with tea or an Americano\*. Add Black Pudding for £2.00

### Veggie Breakfast **V** £7.50

1 fried egg, 2 vegetarian sausages, field mushroom, baked beans, hash brown, grilled tomato and toast with tea or an Americano\*.

### Gluten Free Breakfast **G** £7.95

2 bacon rashers, 2 fried eggs, field mushroom, baked beans and grilled tomato, gluten free toast with tea or an Americano\*.

### Eggs Benedict £8.00

Toasted muffin served with bacon, 2 poached eggs & Hollandaise sauce. Add Sausages for £2.00

### Eggs Royale £8.50

Toasted muffin served with smoked salmon, 2 poached eggs and Hollandaise sauce. Add Hash Browns for £2.00

### Round of toast **V** £2.00

Served with jam or marmalade.

\*Upgrade your coffee to a Latte or Cappuccino for 50p extra.

## Breakfast Extras

Sausage, Bacon, Black Pudding, Hash Brown **£2.00 each**

### Cream Tea

Whittards tea with a fruit scone, clotted cream & strawberry jam. **£5.50**

SERVED ALL DAY



Toasted Tea Cake **£2.00**  
With Jam or Marmalade.

## Brunch Served all day

### All Day Breakfast Stack £10.95

2 Bacon, 2 sausage, 2 hash browns, baked beans, and 2 fried eggs.

Served with French bread.  
Add black pudding for £2.00

### American Pancakes £8.95

Served with crispy, smoked streaky bacon, maple syrup and fresh berries.

Vegan option available for £7.95 **V**

## Salads

### Jayne Salad **G** £13.50

Lettuce, cucumber, sweetcorn, tomatoes, red onion, beetroot, coleslaw and cheese.

Topped with crispy bacon and sautéed potatoes. Add chicken for £2.00

### Goats Cheese Salad **V G** £11.95

Roasted beetroot and peppers on a dressed mixed leaf salad, topped with a grilled goats cheese and red onion chutney.

### Chicken & Chorizo Salad £11.95

Pan-fried chicken and Chorizo sausage with lettuce, cucumber and tomatoes. Drizzled with honey and mustard dressing, topped with garlic croutons.

### Chicken & Bacon Caesar £11.95

Served with Parmesan shavings.

## Light Lunch

All sandwiches are served with kettle crisps. Selected sandwiches also available as Gluten Free upon request. Add fries for £2.00

### Club Parade Sandwich £8.25

Three layered sandwich with roasted chicken, bacon, lettuce and tomato with a mustard mayo.  
Add Fries for £2.00

### Cod Fish Finger Sandwich £8.25

Battered cod served with a homemade Tartare sauce. Add Fries for £2.00

### Bacon, Brie & Cranberry Toastie £7.95

Add Fries for £2.00

## Baked Jacket Potatoes

All meals served with a dressed leaf salad with cucumber, tomato and red onion. Served with a pot of homemade coleslaw.

### Bacon & Brie **G** £8.95

With back bacon and creamy melted Brie cheese.

### Tuna Mayo **G** £8.95

Tuna mayonnaise, served with a fresh lemon slice.

### Cheddar Cheese & Beans **V G** £8.50

## Main Courses

### Luxury Fish Pie £11.95

Salmon, Smoked Haddock, Alaskan Pollock and Prawns in a creamy leek sauce. Topped with Mashed potato, toasted breadcrumbs and Cheddar cheese. Served with salad.

### Crab Macaroni Cheese £11.95

White and brown crab meat folded into the mac, topped with breadcrumbs, served with a dressed leaf salad and French bread.

### Scampi & Fries £11.95

Wholetail Scampi served with a homemade Tartare sauce and a dressed leaf salad.

### Ham, Eggs & French Fries £11.95

Traditional gammon ham, two fried eggs, french fries and a dressed salad with a pot of homemade coleslaw.

### Quiche of the day £10.95

Homemade quiche served with a dressed leaf salad, warm new potatoes and a pot of homemade coleslaw.

### Macaroni Cheese **V** £9.95

Served with either crispy bacon or mushrooms. Add both bacon & mushrooms for £1.00

## Sides

Pot of Jam/Marmalade 50p

Coleslaw £1.50

Basket of French bread £1.50

Bowl of kettle crisps £1.50

Side salad £3.50

French Fries £3.50

All prices include VAT

## White Wine

### Mr Goose Pinot Grigio

11% ABV

*Australian White*

Displaying subtle aromas of apple, pear and citrus. The palate has flavours of lemon, pear & peach.

**Bottle (750ml) £16.95,**

**Small Glass (125ml) £3.80**

**Med glass (175ml) £4.70,**

**Large glass (250ml) £6.20**

### Mr Goose Chardonnay

13% ABV

*Australian White*

Zesty fruit driven wine, a fusion of sweet citrus, pear-drop and ripe melon flavours.

**Bottle (750ml) £16.95,**

**Small Glass (125ml) £3.80**

**Med glass (175ml) £4.70,**

**Large glass (250ml) £6.20**

## Red Wine

### Mr Goose Shiraz

14% ABV

*Australian Red*

Blackberry, black cherry and plum flavours create a rich, long and satisfying finish.

**Bottle (750ml) £16.95,**

**Small Glass (125ml) £3.80**

**Med glass (175ml) £4.70,**

**Large glass (250ml) £6.20**

### Mr Goose Cabernet Merlot

13.5% ABV

*Australian Red*

Soft yet full-bodied with rich, ripe flavours of plum, blackcurrant and berry.

**Bottle (750ml) £16.95, Small Glass (125ml) £3.80**

**Med glass (175ml) £4.70, Large glass (250ml) £6.20**

### FANCY A PARTY AT THE PARADE?

You can hire us 7 days a week, between the hours of 7pm til midnight. Up to 100 people.



## Rosé Wine

### Buffalo Ridge Zinfandel Rosé

10.5% ABV

*USA Rosé*

Refreshing and easy drinking with a slight sweetness and hint of ripe red fruits.

**Bottle (750ml) £16.95,**

**Small Glass (125ml) £3.80**

**Med glass (175ml) £4.70,**

**Large glass (250ml) £6.20**

### Pinot Grigio Blush Cortefresca

12% ABV

*Italian Rosé*

A beautiful coloured rosé, this wine has a delicious aroma of strawberries and red berries.

**Bottle (750ml) £16.95,**

**Small Glass (125ml) £3.80**

**Med glass (175ml) £4.70,**

**Large glass (250ml) £6.20**

## Gift Vouchers

Treat someone special to a gift voucher. Available in £10, £20 or £25 vouchers. Valid for 6 months



Full value of voucher must be redeemed in one transaction as no cash can be exchanged or refunded.

## Sparkling

### Prosecco Mionetto Avantgarde

11% ABV

*Sparkling Wine*

Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

**Bottle (750ml) £19.95**

### Prosecco Mionetto Prestige Brut 20cl

11% ABV

*Sparkling Wine*

Hints of golden apples and pears. Fresh and lively mousse with a clean dry finish.

**Bottle (20cl) £6.95**

## Beer/Cider/Ale

### Birra Moretti 330ml

4.6% ABV

£4.00

### Magners Cider 500ml

4.5% ABV

£4.50

### Sharps Doom Bar 500ml

4.3% ABV

£4.75

## Soft drinks

Bottle of Coke/Diet Coke/

Lemonade

£3.00

Elderflower Press

£3.00

Rose Lemonade

£3.00

Orange juice/Apple juice/

Cranberry

£2.95

Kids Squash

75p

Bottle of water

£1.95

Milk

£1.25

## Hot drinks

Latté

£2.80

Flat White

£2.80

Cappuccino

£2.80

Mocha

£3.00

Americano

£2.50

Double Espresso

£2.00

Hot Chocolate

£2.95

with marshmallows & cream

£3.50

Babyccino

50p

Add a flavour to any drink above from Vanilla, Caramel, Hazelnut, English Toffee, Salted Caramel, Toasted Marshmallow or Honeycomb for only 50p more. Add cream for 50p more

## Teas



All our teas are produced by Whittards of Chelsea and are served by the pot.

English breakfast

£2.10

Decaf

£2.10

Earl Grey

£2.10

Green Tea

£2.10

Lemon and ginger

£2.10

Camomile

£2.10

Peppermint

£2.10

Loose leaf

£2.20

Orange and cinnamon

£2.20

Apple and elderflower

£2.20

## Iced Coffee

All Flavours

£3.00

Vanilla, Caramel, Hazelnut, English Toffee, Salted Caramel, Toasted Marshmallow or Honeycomb.

Add cream for 50p more.

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OPEN 7 DAYS A WEEK TEL: 02392 431265

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### ALLERGENS:

Please be aware we do handle nuts and other ingredients that contain allergens in our kitchen and cannot guarantee our products are free from allergens. Please ask a qualified member of our team for more specific information on allergens.