

Please note that we do not take bookings.
We operate on a first come, first served basis.

MON - THURS : 9 AM-4.30 PM
FRI : 9AM - 5PM
SAT & SUN : 8AM - 5PM

LAST FOOD ORDER: 4PM
LAST FOOD ORDER: 4.30PM
LAST FOOD ORDER: 4..30 PM



Please place your order
at the counter. Thank you.

WEB: WWW.PARADETEAROOMS.CO.UK
INSTAGRAM: @THE_PARADE_TEAROOMS
FACEBOOK: @PARADETEAROOMSSOUTHSEA



V Vegetarian **G** Gluten Friendly **ve** Vegan

All prices include VAT @ 20%

Traditional Breakfast

Served Until 12 noon

Full English £12.95

Sausage, bacon rashers, fried egg, field mushroom, baked beans, hash brown and toast. Why not add Black Pudding. See breakfast extras below.

Mini English £11.95

Sausage, bacon rasher, fried egg, hash brown, baked beans and toast. Add black pudding, see breakfast extras.

Veggie Breakfast £12.95

Fried egg, vegetarian sausages, field mushroom, baked beans, hash brown, grilled tomato and toast.

Gluten Free £12.95

Bacon rashers, fried eggs, field mushroom, baked beans, grilled tomato and toast.

Alternative Breakfasts

Served Until 12 noon

Corned Beef Bubble £12.95

Made from potatoes, shallots and corned beef. Fried and served with bacon rashers, fried eggs and baked beans.

Eggs Benedict £11.95

Toasted muffin served with bacon, poached eggs and hollandaise sauce. Add sausages for £2.00. For more, see breakfast extras.

Classic Cheese on Toast £10.95

Served with either crispy bacon or mushroom.

American Pancakes £13.50

Served with crispy, smoked streaky bacon, maple syrup and strawberries. Served all day. Vegan option available

Nutella & Strawberry Pancakes £13.50

Served all day

Breakfast bagel £10.95

bacon rashers, sausages and an egg.

Veggie bagel £10.95

Vegetarian sausages, hash browns and an egg.

Granola £8.00

Served with Greek yoghurt, strawberries and honey.

Round of toast £3.50

Served with jam or marmalade.

Breakfast Extras

Bacon, Black Pudding, Hash Browns
£2.00 each

Sandwiches

All sandwiches are served with
kettle crisps.

Club Parade Sandwich £11.95

Three layered sandwich with roasted chicken, bacon, lettuce and tomato with a mustard mayo.

Upgrade to French Fries for £2.00

Cod Fish Finger Sandwich £11.95

Battered cod served with a homemade Tartare sauce.

Upgrade to French Fries for £2.00

Chicken Satay Toastie £11.95

with Mozarella cheese.

Upgrade to French fries for £2.00.

Bacon, Brie & Cranberry Panini £11.95

Upgrade to French fries for £2.00.

Coronation chicken sandwich £11.95

Upgrade to French Fries for £2.00

Lunch

Chicken Satay Flatbread £13.45

Pulled chicken, with sliced chillies, spring onions, coconut shavings, grilled mozzarella and a peashoot garnish.

All day Breakfast stack £13.50

Sausages, bacon rashers, hash brown, baked beans & fried eggs. Served with French bread. Add black pudding, see breakfast extras

Baked Camembert £13.95

Infused with roasted garlic & rosemary. Served with dressed salad, coleslaw and toasted garlic sourdough.

Quiche of the day £14.25

Served with French fries, dressed leaf salad and a side of coleslaw.

Baked Jacket Potatoes

All jackets served with a dressed leaf salad with cucumber, tomato and red onion. Served with a pot of homemade coleslaw.

Bacon & Brie **G** £11.95

Coronation Chicken **G** £11.50

Tuna Mayo **G** £11.50

Cheddar Cheese & Beans **V** **G** £11.00

Salads

The Parades famous Jayne Salad **G** £17.50

Cucumber, sweetcorn, tomatoes, red onion, beetroot, coleslaw and cheese. Topped with crispy bacon and sautéed potatoes.

Vegetarian option available.

Add chicken for £2.00

Chicken & bacon Caesar £14.50

Cucumber and tomatoes, Caesar dressing, topped with croutons. Served with Parmesan shavings.

Chicken & Chorizo £14.50

Pan fried chicken and chorizo sausage, cucumber and tomatoes. Drizzled with honey and mustard dressing, topped with croutons.

Greek Salad £13.95

Marinated olives and feta cheese, cucumbers, tomatoes and red onion.

Main Courses

Beef Lasagne Verdi £14.95

A traditional Bolognese sauce, bechamel sauce and layers of pasta grilled with cheese.

Served with a dressed salad and toasted garlic sourdough.

Macaroni Cheese £13.25

Served with either crispy bacon or mushrooms. Add both for £2.00.

Gammon, Eggs & French fries £16.75

Traditional gammon ham, fried eggs, French fries and a dressed salad with a pot of homemade coleslaw.

Scampi & French Fries £16.75

Served with a dressed leaf salad & homemade tartare sauce.

Luxury Fish Pie £16.95

Salmon, smoked haddock, Alaskan pollock and prawns in a creamy leek sauce. Topped with mashed potato, toasted breadcrumbs and cheddar cheese. Served with salad.

Sides

Pot of Jam/Marmalade £1.00

Coleslaw £2.25

Bowl of kettle crisps £1.75

Side salad £3.95

Cajun Wedges £4.25

French Fries £4.25

Rosemary Fries £4.75

Halloumi Fries & Sweet Chilli £5.95

Kids Menu Under 12's only

Kids Breakfast £5.50

Served until 12 noon
Sausage, fried egg, baked beans and toast.

Kids Jacket £5.50

Choice of either Cheese/Beans

Kids Chicken Nuggets £6.00

Served with French fries & Baked beans.

Cheese Sandwich £5.00

Served with cucumber & crisps.

All served with squash.



Afternoon Tea

Whittards tea with a fruit scone, clotted cream & strawberry jam. Sandwiches - Coronation chicken, Tuna, cream cheese & cucumber sandwich and a choice of cake from the cabinet. £18.95
Served 2pm-4.30pm

FANCY A PARTY AT THE PARADE?

You can hire us 7 days a week, between the hours of 7pm til midnight. Up to 100 people.



Have you visited our sister site at

Gunwharf Quays



ALLERGENS:

Please be aware we do handle nuts and other ingredients that contain allergens in our kitchen and cannot guarantee our products are free from allergens.

Please ask a qualified member of our team for more specific information on allergens.

White Wine

Il Conto Vecchio Pinot Grigio

12% ABV *Italian White*

An inviting nose of fruits with delicate floral notes. Dry and crisp on the palate with an elegant, light body.

Bottle (750ml) £22.00

Small Glass (125ml) £5.50

Large glass (250ml) £8.50

Red Wine

San Abello Merlot

12.5% ABV *Chile Red*

Intense aromas and flavours of ripe plums and sweet spice, with subtle notes of cinnamon, coffee and dark chocolate. Medium-bodied with a soft and smooth mouthfeel.

Bottle (750ml) £22.00

Small Glass (125ml) £5.50

Large glass (250ml) £8.50

Rosé Wine

Il Conto Vecchio Pinot Grigio Blush

12% ABV

Italian Rosé

Pleasant on the nose with lemon, pear and slightly floral notes. On the palate, it is crisp and balanced.

Bottle (750ml) £22.00

Small Glass (125ml) £5.50

Large glass (250ml) £8.50

Sparkling

Vitelli Prosecco NV 20cl

10.5% ABV

Italian Sparkling Wine

Fruity and fragrant with clean notes of citrus fruit, pear and apple, Along with subtle floral aromas and the crisp effervescence that characterises a top quality Prosecco.

Bottle (20cl) £9.95

Beer/Cider/Ale

Birra Moretti 330ml

4.6% ABV

£5.50

Soft drinks

Bottle of Coke/Diet Coke/

Coke Zero/Sprite/ Fanta

£3.50

Elderflower press

£3.50

Orange juice/Apple juice

£3.30

Bottle of water

£2.00

Kids Squash

80p

Iced Coffee

Vanilla/Caramel/Hazelnut

£4.75

Add cream for 80p more.

Iced Hot Chocolate

Banoffee

£4.95

Salted Caramel

£4.95

Add cream for 80p more.

Hot drinks

Double espresso

£2.75

Americano

£3.75

Latte

£3.95

Chai latte

£3.95

Flat white

£3.95

Cappuccino

£3.95

Mocha

£4.25

Hot chocolate

£4.25

Marshmallows & cream

£5.50

Babyccino

£1.50

Add a flavour to any drink above from

Vanilla, Caramel, Hazelnut for 80p more

Teas

All our teas are produced by Whittards of Chelsea and are served by the pot.

English breakfast

£2.80

Decaf

£2.80

Earl Grey

£2.80

Green Tea

£2.80

Peppermint

£2.80

Very Berry Crush

£2.80



As a company we strive to offer the best service and at a fair price. Due to risings in cost and VAT our prices have had to increase to maintain our services and continue the running of our family run business. As always your custom is very much appreciated

